

1 Use during pregnancy is unsafe



2 The active ingredient in cannabis crosses the placenta



3  Can harm an unborn baby

4 There are safer options for nausea while pregnant



5  Cannabis use can affect bonding with your baby

6 It is unsafe to use cannabis while breastfeeding



7 The active ingredient passes into breast milk



8  Can affect your baby's development

9  Can decrease your milk production

10  The "Pump and Dump Method" won't work

11  Cannabis must be kept locked and up high

12  Can affect your ability to parent

13  Secondary smoke is harmful to children

14 The level of cannabis is different in edibles vs. inhaled



15  Natural does not mean safe

16  Can increase risk of anxiety and depression



## THE QUICK AND DIRTY GUIDE TO CANNABIS AND YOUR YOUNG FAMILY

16 Facts to help start a conversation about how to keep your family safe



Prepared by Parks, A., & Rink, B. (2018).

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